

# **BOARDING NEWSLETTER**

#### INDUS INTERNATIONAL SCHOOL BANGALORE

## Season's Greetings

Ms. Joyee Lahiri

In December, our students prepared and sat their HYE exams and midterms, receiving ongoing support in subjects such as Computer Science, Economics, and others. Their hard work and dedication throughout this period were truly commendable, as they balanced academic challenges with subject-specific assistance.

In addition, several students represented the school at prestigious events, while others made impressive progress in their weekend activities, advancing to the next level. These accomplishments highlight their continued growth, dedication, and commitment.



### **HDFC Interschool chess tournament**

A group of Indus Boarding students recently participated in the HDFC Chess Tournament, an interschool competition, where we proudly secured second place. Kabir won the individual championship in U/16 category. The students showcased their skills with great enthusiasm, representing our school with honor. The event was a valuable experience, offering both training and an opportunity to foster school spirit through friendly competition.

# **Mall outing**

In order to provide our students with a well-deserved respite before their exams, we organized a visit to Phoenix Mall. This outing was intended to offer them a relaxing break, helping to ease any anxiety and provide a sense of calm before their academic challenges. During the visit, the students had the opportunity to enjoy a variety of activities, including shopping and dining. The experience allowed them to unwind in a pleasant environment, fostering a sense of balance and well-being, ensuring they returned refreshed and better prepared for the exams ahead.

# Room cleanliness and cupboard checks

To create a comfortable and hygienic environment for our students. These checks help ensure that every room is maintained to a high standard of cleanliness and hygiene. To further support this, we have organizational baskets, making it easier for students to keep their spaces neat and tidy. This thoughtful initiative is designed to encourage a sense of responsibility while fostering a warm, organized atmosphere that promotes well-being and helps students feel at ease in their living spaces.



#### ISSO

A number of our talented students had the honor of attending the ISSO Nationals, where they represented our school with immense pride and dedication. Their participation not only showcased their individual skills but also brought great pride to our institution. Each student demonstrated remarkable commitment and sportsmanship, making us incredibly proud of their achievements. The names of the boarding students who attended the ISSO Nationals can be found in Appendix One, highlighting their hard work and the spirit of excellence they brought to the event.



# **Weekend activities**

We are delighted to share that all of our students involved in Karate, Chess, Yoga, and Athletics, which are regular weekend activities at the boarding, have successfully advanced to the second level. This marks a significant achievement, showcasing their growth and progress since their transition earlier this year when they started as beginners. Their dedication, hard work, and passion for these activities have truly paid off. It is incredibly rewarding to see how much they've developed, and we are so proud of the commitment they've shown.

## **Counselling Session for House Parents**

The counselors conducted a sensitization session for the boarding parents on 9th December 2024, focusing on their pivotal role in supporting students' well-being. The session covered the role of counsellors in the school, key red flags to monitor students, and essential dos and don'ts for effectively handling the students. A significant part of the discussion centered on understanding how traumatic experiences impact brain development and behavior, fostering empathy and informed responses. The session aimed to equip house-parents with knowledge and strategies to create a safe and supportive environment for all students.



PAGE 3

# **ISSO National Games Tennis Results 2024-25**

| Medals |                 |                           |    |                   |
|--------|-----------------|---------------------------|----|-------------------|
| 1      | Under -19 Girls | Chahana<br>Somashe<br>kar | 11 | Bronze<br>- Medal |
|        | Team<br>Event   | Devyani<br>Modi           | 11 |                   |
|        |                 | Palak<br>Bhandari         | 11 |                   |
|        |                 | Vandita<br>Jha            | 11 |                   |

# **ISSO National Games Badminton Results 2024-25**

| NAME                         | GRADE | RESULT       |
|------------------------------|-------|--------------|
| DARSH AGARWAL                | 8     |              |
| CHINNAPONG<br>SRINEDTIYAPORN | 8     |              |
| DAVIN SRINEDTIYAPORN         | 4     | BRONZE MEDAL |
| ARSHIT MOHANLAL              | 7     |              |
| ESHAN DUTTA                  | 8     |              |

| TEAM EVENT<br>(UNDER 19 BOYS)        |       |              |
|--------------------------------------|-------|--------------|
| NAME                                 | GRADE | RESULT       |
| SHRIHAN PALICHERLA                   | 10    |              |
| MANI HIMANSH GANJIKUNTA              | 12    |              |
| BHARMAL HUSEN                        | 12    | SILVER MEDAL |
| ARYAN D HEGDE                        | 12    |              |
| MANTHAN JIGNESHBHAI MANVAR           | 11    |              |
|                                      |       |              |
| INDIVIDUAL<br>EVENT (UNDER 19 GIRLS) |       |              |
| NAME                                 | GRADE | RESULT       |
| VRIDDHI AGARWAL                      | 10    | BRONZE MEDAL |

# **Editorial Team**

Ms. Joyee Lahiri and Ms. Darshana Vankar (Editorial Advisors) Kush Kundalia (Lead Editor)

Danika Kataria (Lead Designer)