

Newsletter October 2025

Indus School Of Leadership

Leadership Development program conducted in the month of October 2025



Grade 12 - Indus International School Pune- 1st to 5th Oct 2025:

The five-day leadership program for 53 Grade 12 students of Indus International School Pune was thoughtfully designed to strengthen essential life and leadership skills. Students practiced critical thinking through meaningful goal-setting exercises, developing clarity and purpose in their actions. Creativity and healthy risk-taking were nurtured through engaging problem-solving activities and outdoor challenges. Collaboration and inclusivity formed the core of team-based tasks, helping students support, trust, and uplift one another. They also enhanced their communication skills by giving and receiving constructive feedback and adapting to diverse situations. Overall, the program empowered students with practical experiences that will support their growth as confident, responsible, and resilient young leaders



<u>Grade 8 – Indus International School,</u> <u>Bengaluru from 6th to 10th Oct 2025</u>

The Grade 8 Leadership Development Program for Indus International School, Pune, conducted at the Indus School of Leadership, provided a rewarding & growth-focused experience for 67 students. The curriculum was intentionally designed to build foundational leadership qualities such as verbal communication, responsibility, openmindedness, adaptive innovation, and environmental awareness.

Students enhanced teamwork and collaboration through engaging challenges like Portable Adventure, Key Punch, and role-play activities. Critical thinking and problem-solving were strengthened through the Leadership Reaction Course (LRC) and Frost-Bite exercises, encouraging creative and flexible decision-making. Overall, students demonstrated improved communication, strengthened collaborative skills, and developed a deeper understanding of creativity and critical thinking through active learning and reflective practices.

Grade 11 B1 Indus International School, Hyderabad from 13th to 17th Oct 2025:

The five-day residential Leadership Program held from 13th to 17th October 2025 for 43 Grade 11 students (Batch 1) of Indus International School, Hyderabad, offered an engaging and immersive platform to build essential leadership skills. Students strengthened their critical thinking and decision-making abilities through structured experiential learning. They explored creative problem-solving and strengthened teamwork and collaboration through dynamic group challenges. The program also focused onempathetic communication, enabling participants to listen, express, and connect effectively.





By the end of the program, students displayed enhanced confidence, adaptability, and self-awareness—preparing them to lead with purpose, creativity, and compassion.



Grade 11 B2 Indus International School, Hyderabad from 22nd to 26th Oct 2025

The five-day leadership program for 43 Grade 11 students (Batch 2) of Indus International School Hyderabad was designed to build essential future-ready competencies. Students enhanced critical thinking through judgment and decision-making activities that encouraged thoughtful analysis and responsible choices.

Creative problem-solving tasks helped them explore innovative ideas and approach challenges with confidence. Through dynamic group exercises, they strengthened collaboration and adaptability, learning to work effectively with diverse peers. The program also emphasized empathetic communication, enabling students to listen actively, express themselves clearly, and build meaningful connections. Overall, the experience equipped them with valuable skills to lead with clarity, creativity, compassion, and resilience.

Grade 11B1 Indus International School, Pune from 28th to 31st Oct 2025

The four-day leadership program (28-31) brought together 56 Grade 11 and 20 Grade 12 students, creating a dynamic and collaborative learning environment. Students engaged in diverse experiential activities such as Leadership Reaction Course (LRC), Paintball, Leadership Development Course (LDC), Outdoor Based Learning with navigation, survival cooking, leadership movie sessions, morning wellness, and camp fun. Grade 12 students participated in similar modules, aligned with their advanced curriculum to deepen leadership maturity and application. The program encouraged teamwork, problemsolving, resilience, and self-reflection through hands-on challenges and shared experiences.



Overall, it was a highly enriching program, equipping students with valuable leadership skills and meaningful lessons to carry forward and implement in their academic and personal journeys.

Peak Experiences





Himalayan Trek- Dayara Bugyal from 13th to 19th Oct 2025

A team of 14 students participated in the Dayara Bugyal Leadership Expedition, including 3 from Indus International School Hyderabad, 4 from Indus International School Pune, and 7 from Indus International School Bengaluru, successfully reaching an altitude of 12,400 feet. During the program held from 13th to 19th October 2025, students learned to work together as a united team while supporting each other through challenging mountain environments. They developed strong goalsetting skills, staying focused and motivated endurance and resilience, even in tough terrain and unpredictable weather conditions.

The trek strengthened their teaching them the value of perseverance and a positive mindset. Most importantly, they gained confidence in facing uncertainties and making thoughtful decisions, emerging as more self-aware and responsible young leaders.

Meghalaya Caving program

Fifteen students-twelve from Indus International School, Bangalore, and threefrom Indus International School, Hyderabad-embarked on an enriching expedition to Meghalaya. The objective of this experience was to explore the state's pristine natural beauty and to venture into one of India's largest cave systems, the fourth-largest in the country.

The students navigated through intricate cave networks, marvelled at unique rock formations, and witnessed the awe-inspiring underground landscapes that define

Meghalaya's geological heritage. The experience not only fostered a spirit of adventure but also encouraged.





The expedition provided students with valuable insights into the delicate balance of natural ecosystems and the importance of preserving such untouched environments. It was a truly transformative journey—combining exploration, learning, and personal growth—reflecting the Indus philosophy of experiential education beyond the classroom.

The Architecture of Self-Belief

Self-confidence is not built in a day; it grows every day through discipline and mindful action. This powerful quality blossoms not from a single grand achievement, but from the quiet, consistent choices we make in our daily lives.

Yet, in the middle of our busy schedules, this growth can feel suppressed. We often become overwhelmed by a force of tasks and expectations, where balancing personal and professional life becomes a source of stress and confusion. It is in this very chaos, however, that we find the seed of confidence. The simple, transformative habit of writing down our tasks in a diary or notebook acts as an anchor. By listing and prioritizing our responsibilities, we move from feeling lost to gaining clarity and direction. This act of organization is a profound form of self-respect; it allows us to focus our energy on what truly matters, rather than scattering it on everything at once.

This is where the pieces connect: when we manage our time and energy wisely, we naturally begin to perform better. The fog of overwhelm lifts, replaced by a clear path forward. Understanding our priorities and acting with intention not only reduces stress but also consistently improves the quality of our outcomes. Each small, well-executed task becomes a brick in the foundation of our self-belief.

This is the essence of the journey, whether we find courage in nature, on a mountain climb or in the pages of our daily planner, it is the discipline of preparation—the mindful action of organizing our life and work—that truly nurtures an unshakable belief in ourselves.

Praveen Rana

Leadership Trainer, ISL