



IN OMNIA PARATUS

**INDUS**

SCHOOL OF LEADERSHIP

BENGALURU



**ISL Newsletter - February 2026**

**Indus School of Leadership**

## **Highlights of the Month**

Leadership Development Programs:

- ▶ Grade 1 and Grade 2 of Indus International School Bangalore.
- ▶ Grade 6 of Indus International School Bangalore.
- ▶ Grade 7 of Indus International School Pune.
- ▶ Grade 9 of Indus International School Hyderabad.
- ▶ Leadership Development Program for PGD in ECE faculty, University of Helsinki.

## **Dear Leaders,**

A warm welcome to the vibrant energies of 2026 at Indus School of Leadership. As February unfolds and the gentle warmth of early summer begins to embrace Kanakapura's surrounding landscapes ushering in pleasant days with clear skies, invigorating freshness, and the campus comes alive with purposeful momentum. As our students embarked on intensive Leadership Development Programs. Guided by the ethos of holistic growth and experiential learning, the structured residential journey blended rigorous challenges, reflective practices, wellness routines, and collaborative opportunities to nurture advanced leadership, resilience, self-awareness, and the essential 4Cs.

Stay tuned for more inspiring highlights from our ongoing leadership initiatives.



## **IISP Grade 7 (Batch 1 & 2)**

The five-day Leadership Development Program for Grade 7 students of Indus International School Pune brought together two batches, with a total of 77 enthusiastic students, for an immersive and transformative outdoor learning experience focused on building essential life skills. Across both batches, participants engaged in carefully curated adventure-based activities designed to strengthen the 4Cs and core leadership competencies. Destroyed Bridge enhanced critical thinking and problem-solving, Raft Building encouraged creativity and execution, Wall Climbing strengthened communication and trust, Shelter Building fostered inclusive collaboration, and the Mid Rope Course cultivated empathy and self-awareness. High-energy team challenges such as Tank Chain and Water Sponge Race further integrated collaboration, communication, creativity, and critical thinking in dynamic group settings.

Through these shared experiences, students developed resilience, teamwork, self-confidence, adaptability, and leadership qualities within a supportive natural environment. The program was enriched with structured wellness routines, a nature trek featuring bouldering, and reflective practices including KWL assessments and daily journaling, ensuring that learning extended beyond activity to meaningful personal insight.



## **IISB Grade 1**

The Grade 1 Leadership Program for Indus International School Bangalore (IISB) brought together 65 young students for an engaging and age-appropriate introduction to essential life skills. Through a series of fun, hands-on training events—including Discovery course, Bus Stop, Chain Race, Labyrinth Crossing, Obstacle Race, Pipeline, Hula-hoop Race, and Untangle the Rope—the program effectively targeted key learning objectives such as self-awareness, team spirit and collaboration, risk-taking, and problem-solving. These playful yet purposeful activities encouraged the little ones to step out of their comfort zones in a supportive environment, fostering improved focus, resilience, self-management, confidence in communication, and stronger teamwork. The program noted meaningful growth in student's ability to participate actively, express themselves especially quieter children, work collaboratively, and reflect on their choices—contributing significantly to their holistic development and setting a strong foundation for future classroom engagement and personal growth.



## **IISB Grade 2**

Our one-day LDP delighted our 84 energetic students of Indus International School Bangalore Grade 2 with a fun-filled adventure, introducing them to foundational leadership skills through playful, hands-on activities tailored for young explorers. Kicking off with an exciting introduction to LDP, the day featured sessions where little leaders tackled Wall Climbing to embrace risk-taking, Obstacle Course to build empathy, Croc and Frog race for coordination, Jump in Jump Out - Minefield to sharpen listening skills and Hop and Switch to enhance situational awareness. The program wrapped up with a collective reflection, fostering early sparks of confidence, teamwork, and self-awareness in a supportive, joyful environment. This engaging experience perfectly captured the spirit of discovery for our youngest participants, helping them grow through play and positive challenges.



## **IISB Grade 6**

The five-day Leadership Development Program brought together 69 enthusiastic Grade 6 students from IISB for an engaging, adventure-filled experience aimed at laying strong foundations in leadership competencies through the 4Cs and the Man 2 framework emphasizing discipline. Participants dove into a variety of thoughtfully designed experiential activities, including Portable Adventure for team building, Leadership Reaction Course to sharpen critical thinking, Junior Obstacle Course to strengthen collaboration, Shelter Making to enhance communication, Bridge Building to spark creativity, Mid Rope Course to build discipline and confidence, Trekking for further team bonding and dedicated Wellness Sessions for holistic well-being. The batch displayed excellent energy and engagement throughout the camp, with highlights including positive peer bonding as students formed stronger connections beyond the classroom, noticeable improvements in teamwork during the obstacle course, better communication and listening skills across group challenges, increased confidence on the mid-rope course and during trekking, and overall strong group cohesion.



## **IISH Grade 9**

The five-day Leadership Development Program for Indus International School Hyderabad engaged 57 motivated Grade 9 students in an intensive, adventure-driven experience designed to cultivate advanced leadership, resilience, and interpersonal skills. Participants engaged in Portable Adventure sessions to foster team formation and group cohesion, rotated through challenging elements like LDC, LRC, Crate Building, and Paintball to target Collaboration, Critical Thinking, Communication, Creativity & Risk-Taking, and strategic decision-making under pressure. These were complemented by outbound life skills pursuits including OBL, Hill Climb, Rappelling, Wriggling, and reflection to build physical endurance, adaptability, and self-reliance. Additional highlights included a Fire Drill for resource and mental preparedness and integrative PA Activity for collaborative application. This holistic approach empowered students to develop proactive leadership, emotional intelligence, teamwork under constraints, and personal growth through experiential challenges and guided reflection.



## **Early Childhood Educators, University of Helsinki**

We welcomed 24 dedicated early childhood educators enrolled in the Postgraduate Diploma in Early Childhood Education, a collaborative initiative with students enrolled in University of Helsinki, HY+, Finland. These faculty members, representing diverse schools and bringing varied perspectives, gathered for an intensive, experiential residential journey focused on deepening their understanding of experiential learning that embodies leadership skills, competencies, and mindset particularly through the lenses of risky play, problem-solving, creativity, and imagination. Guided by the ethos of holistic growth, inquiry-driven approaches, and play-based pedagogy central to both the Helsinki-inspired program and ISL's philosophy, this tailored experience adapted elements of structured outdoor and reflective challenges to suit adult learners in early childhood education. Participants engaged in hands-on, reflective sessions designed to mirror and explore how risky play fosters children's resilience and risk assessment, how open-ended problem-solving activities sharpen critical thinking and adaptability, and how creativity and imagination-driven provocations encourage innovative facilitation in classrooms.



# The Slow Alchemy of Leadership - How Everyday Moments Shape Tomorrow's Leaders

As we continue to nurture young leaders through engaging activities, the essence of leadership for students lies in the gradual transformation of everyday experiences into deeper compassion, clear thinking, and meaningful choices. From playful obstacle races that build self-awareness and team spirit in young children to challenging rope courses that foster empathy and collaboration among older students, true leadership grows not just from facts or instructions but from moments lived, reflected upon, and understood.

Children enter these experiences brimming with untamed curiosity, strong feelings, and natural impulses. The activities create safe spaces where they can try, stumble, notice their reactions, and grow in insight without feeling overwhelmed. For a young child pausing in a hula-hoop race out of worry about making a mistake, a simple invitation to notice bodily sensations and consider a friend's waiting feelings sparks the first seeds of empathy. This quiet awareness becomes the foundation for emotional intelligence, enabling future leadership rooted in genuine understanding rather than mere direction.

For older students, activities move beyond basic problem-solving. They highlight how frustration can obscure clear thinking, how one thoughtful idea can strengthen an entire group, and how decisions that include everyone lead to better results. Thoughtful questions asked in these moments, such as what shifted inside when an idea was truly heard or how a current choice might influence future interactions, help plant the roots of self-leadership. This inner governance prepares students to influence others positively.

In today's fast-paced world, where screens provide quick answers and artificial intelligence manages many routine tasks, the most valuable contribution lies in making room for real reflection and human connection. Leadership skills develop through deep listening when a student shares a small success or difficulty, through seeing adults admit uncertainties, and through valuing effort and persistence as much as achievement. Strength emerges when students learn to combine clear thinking, heartfelt care, and practical action, knowing when to step forward boldly, when to respond with kindness, and when to uphold fairness even in tough situations.

The future belongs not to those who learn fastest or know the most, but to those who guide themselves with gentleness, handle change with poise, and motivate others through sincere concern. In schoolyard moments filled with these activities, students do not merely prepare for leadership roles; they awaken wise, compassionate hearts ready to help create a kinder and more thoughtful world.

**-Ms. Nikita Blaize  
Leadership Trainer**