



ISL Newsletter

April 2026

Indus School Of Leadership



Leadership Development program at ISL & in the classroom:

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Article of the month:

- Driven by Purpose: A Journey Beyond the Summit.

X-Quest 4.0: Where Leadership Meets Adventure:

X-Quest 4.0, held from April 15–18 2026 at the Indus School of Leadership (ISL) and its surrounding areas, brought together four school teams: Royal Challengers Bangalore (Indus International School Bengaluru), Point Blank (Indus International School Pune), Tuskers (Vidyashilp Academy), and Tigers (Stonehill International School). The event was structured around a series of outdoor challenges designed to test teamwork, endurance, and collective problem-solving.

Students took part in activities such as climbing, navigation, and multi-stage strategy tasks that demanded sustained effort, focus, and adaptability. Many challenges required teams to work through fatigue, manage time constraints, and respond to setbacks, highlighting the importance of perseverance and mutual support. Participants relied on clear communication and coordinated decision-making to progress through each stage.

The event concluded with Team Royal Challengers Bangalore emerging as winners, demonstrating consistent performance, resilience under pressure, and strong team coordination across all challenges. Team Tuskers secured the second position, reflecting a high level of determination and effective teamwork throughout the event.



Indus International School Hyderabad - PYP Leadership Program:

The Primary Years Leadership Development Program, conducted from March 30 to April 3, 2026, for students of Indus International School Hyderabad, brought together 340 students in a series of structured outdoor experiences. The program was anchored in the Full Value Contract, with a focus on respect, responsibility, participation, and supporting one another—guiding how students engaged in every activity.

Students participated in team-based challenges, obstacle courses, and navigation tasks that required them to listen, cooperate, and contribute as a group. The emphasis remained on working together, taking ownership of roles, and valuing each member's effort. Situations were designed to encourage students to step out of their comfort zones while being mindful of group agreements and shared goals.

Reflection circles were used to revisit the Full Value Contract, allowing students to discuss how well they upheld these values during activities. This helped them recognise the importance of trust, communication, and accountability in a team setting. Overall, the program supported students in understanding how their actions impact group success, both within and beyond the activity space.



Introductory Leadership Development Program for Thai Students:

The four-day Leadership Development Program, conducted from 21st to 24th April 2026 at the Indus School of Leadership (ISL), welcomed a cohort of six students and two teachers from Indus International School as part of the Thai Summer School delegation. The program was meticulously designed to integrate experiential learning with structured reflection, enabling participants to meaningfully engage with and internalize core leadership principles.

Each activity was aligned with clearly defined learning outcomes, providing participants with opportunities to apply their learning in dynamic, real-world contexts. Through a carefully curated blend of challenges and debrief sessions, the program fostered the development of the four key competencies—Critical Thinking, Creativity, Collaboration, and Communication.

The cohort demonstrated a high level of enthusiasm, adaptability, and engagement throughout the program. Their active participation and reflective approach contributed to a rich learning environment, allowing them to derive deep insights and strengthen their leadership capabilities. Overall, the program served as a transformative experience, equipping participants with essential skills and perspectives for their continued personal and academic growth.



From Curiosity to Climb: Understanding Exploration Through Mt. Everest:

As part of their ongoing Unit of Inquiry on Exploration, Grade 3 students of Indus International School Bengaluru (IISB) attended a guest session on 29 April 2026 conducted by Mr. Praveen Rana, leadership trainer and an Everest summiteer. The session aimed to provide students with real-world insights into mountaineering as a form of exploration, complementing their classroom learning.

The session included a combination of visuals, photographs, and expedition videos, focusing on the journey to Mount Everest. Students were introduced to key aspects such as preparation, training routines, and the use of specialized equipment required for high-altitude climbing. The discussion also covered the physical and environmental challenges encountered during such expeditions, helping students connect theoretical concepts with practical experiences.

Throughout the session, students engaged actively, asking questions and reflecting on the purpose and challenges of exploration. The interaction supported their understanding of exploration beyond textbooks and encouraged them to think about its various forms and significance in the real world.



Driven by Purpose: A Journey Beyond the Summit

Climbing is not about perfect plans—it is about continuing when reality challenges everything you prepared for. My journey on Mt. Aconcagua became a true test of determination, where every step forward had to be earned.

After summiting once with my team, I still felt incomplete. I had set a personal goal to reach the summit on a specific day, but extreme winds of 80 km/h forced us to delay. Though we later summited, that unfinished goal stayed with me. Instead of settling, I chose to go again—this time alone.

With a 20 kg backpack and supplies for two days, I started from base camp. By the time I reached Camp 2, I was already facing uncertainty—no clear support, unfamiliar surroundings, and multiple obstacles specially people were not supportive at the camp 2. Yet, I stayed focused. At 2:30 AM, in freezing darkness and silence, I began my summit push. Every step was heavy, every breath a reminder of the altitude—but the determination to finish what I started kept me moving. Eventually, I stood on the summit—alone, but fulfilled.

But the real-life test of determination came after the summit

With no accommodation at base camp, I had to manage with limited support. Then came a 23 km trek carrying a heavy load, followed by hours of uncertainty trying to find transport on a quiet Sunday. Even after reaching Mendoza late at night, challenges continued—I missed my flight due to documentation issues and had to reroute my journey.

In real life, this is no different from what many people face. A student preparing for an exam may fail despite hard work. An entrepreneur may see their first venture collapse. An athlete may lose after years of training. In those moments, success is not defined by the setback—but by the decision to try again.

That is exactly what this climb taught me: determination is not about avoiding failure, but about refusing to stop because of it.

This journey was more than a climb—it was a reminder that true strength lies in continuing forward, even when the path is uncertain and the odds are against you.

“When your purpose is clear, even the toughest path becomes a choice, not a burden.”

Praveen Rana,
Leadership Trainer